

Ready to be tobacco FREE?



Nhan Hoa Clinic Tobacco Cessation Project and  
Westminster Family Resource Center can HELP!

**Come Join A Free One-Time Tobacco Cessation Seminar!**

Westminster Family Resource Center  
7200 Plaza Street (Sigler Park)  
Westminster, CA 92683

To register please call: (714)-903-1331 or (714)903-5204

<b><u>SEMINARS</u></b>
<b>Thursdays 5:30- 6:30 p.m.</b>
August 23, 2012
September 27 , 2012
October 25, 2012
November 29, 2012

*Working*

*Your Health!*

*Together For*



**For more information on  
other services, dates, and locations, please call:  
1-714-903-5204 or 1-714-898-8888 x 132**

*Tobacco Prevention and Cessation projects are made possible by Tobacco Settlement Revenue Funds administered by the County of Orange Health Care Agency/  
Tobacco Use Prevention Program.*